



### Heal the Sick: Support Israeli Hospitals in the North

- **Rambam Medical Center**, Haifa, Israel. Rambam is a Level One Trauma Center, with over 3000 trauma admissions per year. It receives referred patients from seven hospitals in Northern Israel and military casualties from the Lebanese front. There is a helicopter pad at the hospital. Recently, patients in the northern wards have been transferred to an underground level that provides shelter from Katyusha attacks. Rambam has been in the battle front in this war. Contributions can be made to “American Friends of Rambam Medical Center” (Mr. Michael Stoler, President, c/o First American Title Insurance Company of NY, 633 Third Avenue, 16<sup>th</sup> floor, New York, NY 10017) and are tax deductible. You can also donate by calling 188-87-RAMBAM. See [www.rambam.org.il](http://www.rambam.org.il) for more details.
- **Western Galilee Hospital**, Naharia, Israel. This regional hospital was hit by Katyusha missiles in the war, and was the first to move patients to an underground shelter. Donations can be made through the Western Galilee Hospital – Nahariya Friends Association (PO box 21, Nahariya, Israel 22100). See [www.wgh.org.il](http://www.wgh.org.il) for more details.

### Provide Services for Trauma Victims:

- **Natal – Israel Trauma Center for Victims of Terror and War:** Founded in 1998 as a non-profit, apolitical organization to treat Israelis and their families who have suffered trauma directly or indirectly as a result of terror, war and military service (soldiers suffering from combat stress, bereaved families, prisoners of war and others). Operates a hot-line staffed by volunteers, provides professional individual and group therapy, organizes public awareness programs, etc. Donations can be made through American Friends of NATAL (590 Fifth Avenue, 19<sup>th</sup> fl., New York, NY 10036 tel. 212-403-2900).
- **Cohen—Harris Center for Trauma and Disaster – Tel-Aviv:** Named after the late Professor of Child Psychiatry at Yale Dr. Donald Cohen and his colleague, Irving Harris, the Cohen-Harris Center for Trauma and Disaster is at the forefront of research and treatment of survivors of suicide bombings and war in Israel. It provides services to victims free of charge. Contributions can be made through the New Israel Fund [www.nif.org](http://www.nif.org) earmarked for the Cohen-Harris Center for Trauma and Disaster. Contact information: Zeev Wiener at [zeevw@netvision.net.il](mailto:zeevw@netvision.net.il).

- **One Family Fund:** Provides direct financial, emotional, material, and legal assistance to victims of terrorism in Israel. See [www.onefamilyfund.org](http://www.onefamilyfund.org) for online contributions.

Strengthen emergency response services:

- **Magen David Adom:** Founded in 1930, Magen David Adom is Israel's national emergency medical, disaster, ambulance and blood bank service. It was only recently recognized by the International Federation of the Red Cross and Red Crescent Societies as a member organization (previous applications were denied because it refused to replace its red Star of David emblem with a pre-approved symbol). Tax Deductible contributions can be made through American Friends of Magen David Adom at [www.afmda.org](http://www.afmda.org)

Plant a Tree:

- **Jewish National Fund:** This amazing organization is the reason Israel has actually increased its forested area by 220 million trees in the 20<sup>th</sup> century. Anyone who has seen the beautiful Biryah Forest in the Galilee knows that this organization WORKS. As fires are now raging in many of the green spaces in northern Israel, why not make a commitment to celebrate special occasions this year by planting trees in Israel? It is a beautiful, constructive gesture that even small children understand.  
The Jewish National Fund is also operating summer camps away from the range of fire for Israeli children from Northern Israel. It is building security roads on the border with Gaza, purchasing emergency response vehicles, organizing trips to Israel, etc. See the web site at [www.jnf.org](http://www.jnf.org).

Feed the Hungry:

- **Yad Eliezer:** Yad Eliezer is an anti-hunger organization founded in 1978 to feed the poor. It has been delivering warm meals in the north in the current crisis. See [www.yadeliezer.org](http://www.yadeliezer.org) for more information.

Pursue Peace:

- **The Peres Center for Peace:** Another amazing organization, founded in 1996 by Nobel Peace Prize Laureate and current Israel Cabinet Member Shimon Peres. The mission of The Peres Center for Peace is to “build an infrastructure of peace” through socio-economic cooperation and people-to-people relations. For example, the center promotes economic cooperation in areas as diverse as agriculture and tourism and brings Palestinian and Israeli youth together to play soccer. It is headed by Ambassador Uri Savir, Israel's chief negotiator for the Oslo Agreement. Tax-deductible contributions can be made to “American Friends for the Peres Institute for Peace” (Mr. Rafael Kravec, Wachovia Financial Center, 200 South Biscayne Boulevard, Suite 1680, Miami, Florida FL 33131 tel. 305-349-2014).

Support Israel's soldiers:

- **Friends of the IDF:** Israel has a citizen army, not a professional one. This organization supports social, educational, cultural, and recreational programs and facilities for the young men and women serving in the Israeli military. It also provides support for widows and orphans of fallen soldiers. Tax deductible contributions can be made online through [www.israelsoldiers.org](http://www.israelsoldiers.org)

Help Abandoned Pets:

- **Let the Animals Live:** Israel's largest non-profit animal welfare and animal rights organization was founded in 1986. "Let the Animals Live" has been working hard since the start of the conflict to rescue and feed abandoned dogs and cats in the north. Donate through their website at [www.letlive.org.il/english/donate.php](http://www.letlive.org.il/english/donate.php). Contact Eli Altman at [eti@letlive.org](mailto:eti@letlive.org).

**Plan a trip to Israel:** Many families in the Galilee operate "zimmers", small bed-and-breakfasts. By booking now a trip for next summer, you may help keep these families afloat. The best site for looking up zimmers in Israel is [www.zimmeril.com](http://www.zimmeril.com). Click on the regions of Western Galilee, Upper Galilee, Golan Heights, Haifa and Carmel, and Tiberias Valley for a comprehensive listing.

